



# Kent Mango

9 Lbs

## Availability:

|     |     |     |     |
|-----|-----|-----|-----|
| Jan | Feb | Mar | Apr |
| May | Jun | Jul | Aug |
| Sep | Oct | Nov | Dec |

■ Available

## Pallet configuration:

Cases per level: 14

Number of levels: 16

Total cases per pallet: 224

## Nutritional Summary:

|             |             |              |             |
|-------------|-------------|--------------|-------------|
| <b>Cals</b> | <b>Fats</b> | <b>Carbs</b> | <b>Prot</b> |
| 107         | 0.45 g      | 20.05 g      | 0.04 g      |

There are 107 Calories per 165g Mango  
3% Fat, 94% Carbs, 3% Protein.

## Nutritional Facts: per 165 g

**Calories 107**    **Calories from Fat 4**

**% Daily Value\***

|                     |    |
|---------------------|----|
| <b>Total Fat 0g</b> | 1% |
| Saturated Fat 0g    | 1% |
| Trans Fat           |    |

**Cholesterol 0g**    0%

**Sodium 3mg**    0%

**Total Carbohydrate 28g**    9%

    Dietary Fiber 3g    12%

    Sugars 2g

**Protein 1g**

Vitamin A 25%    Vitamin C 76%

Calcium 2%    Iron 1%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

\* All nutrition facts and nutritional information are generic

