



Red Bell Peppers

15 Lbs

Availability:

Jan	Feb	Mar	Apr
May	Jun	Jul	Aug
Sep	Oct	Nov	Dec

■ Available

Pallet configuration:

Cases per level: 7

Number of levels: 11

Total cases per pallet: 77

Nutritional Summary:

Cals	Fats	Carbs	Prot
30	0.17 g	4.84 g	0.88 g

There are 30 Calories per 100g Bell Pepper
7% Fat, 83% Carbs, 19% Protein.

Nutritional Facts:

per 149 g

Calories 30 Calories from Fat 2

% Daily Value*

Total Fat 0g 0%
Saturated Fat 0g 0%
Trans Fat

Cholesterol 0g 0%

Sodium 4mg 0%

Total Carbohydrate 7g 2%

Dietary Fiber 3g 10%

Sugars 4g

Protein 1g

Vitamin A 11% Vitamin C 200%

Calcium 1% Iron 3%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

* All nutrition facts and nutritional information are generic

